**Title of Paper**

Your Name (unless anonymous)

Department of Nursing, Columbia Basin College

NRS 121: Nursing II

First Year Nursing Faculty Team

February 10, 2021

**Sample Paper**

**in APA 7 format**

**Title of Paper**

Type your introduction here. Do not use the heading “Introduction” because the beginning of the paper is assumed to be the introduction. The introduction could be one or two paragraphs explaining what your paper is going to cover. If it is going to be longer, you may use Level 2 headings within the introduction section. Throughout your paper, double space lines, indent paragraphs ½ inch, and use only one space after periods.

**Format of Level 1, Level 2, and Level 3 Headings**

**Level 1 Heading: Centered, Bold, Title Case Heading**

**Level 2 Heading: Flush Left, Bold, and Title Case Heading**

***Level 3 Heading: Flush Left, Bold Italic, and Title Case Heading***

**How to Do In-Text Citations**

Here are some examples of how to use in-text citations in your papers. You always need to give credit when the information is not common knowledge. You can paraphrase or use direct quotations. However, you should try to paraphrase whenever possible to show that you understand the topic and can put it into your own words. Sometimes that can be difficult so a direct quote can be used.

**Examples of Direct Quotes**

When using direct quotes the page number must be given. Note the placement of the parentheses and the punctuation.

***Narrative Citation***

Larsen (2000) found “the perception that older adult patients have less pain sensitivity than younger patients influences some caregivers” (p. 205).

***Parenthetical Citation***

Some researchers found “the perception that older adult patients have less pain sensitivity than younger patients influences some caregivers” (Larsen, 2000, p. 205).

***Block Quotation***

When a quote is over 40 words it must be placed in a freestanding block of text indented 0.5 in. from the left. Do not put quotation marks around block quotations. According to the American Psychological Association (2020):

A paraphrase may continue for several sentences. In such cases, cite the work being paraphrased on first mention. Once the work has been cited, it is not necessary to repeat the citation as long as the context of the writing makes it clear that the same work continues to be paraphrased (see Figure 8.4 for an example). (p. 269)

**Examples of Paraphrasing**

 When paraphrasing you do not need the page number of the citation, but you may provide a page number if it will be helpful for the reader.

***Narrative Citation***

According to Larsen (2000), older adults are often undermedicated due to fear of overmedicating.

***Parenthetical Citation***

Older adults are often undermedicated due to fear of overmedicating (Larsen, 2000).

**References**

American Psychological Association. (2020). Publication manual of the American Psychological Association (7th ed.). <https://doi.org/10.1037/0000165-000>

Larsen, P. D. (2000). Effective pain management in older patients. *AORN Journal*, *71*(1), 205. [https://doi.org/10.1016/s0001-2092(06)62184-4](https://doi.org/10.1016/s0001-2092%2806%2962184-4)